

# Cooking with Johni.com



## **BUTTERY LEMON CHICKEN**

(Serves 3-4)

3 chicken breasts, tenderized  
5 green onions  
2 cans mushrooms, drained  
1 T. olive oil  
1/3 c. lemon juice  
2 T. butter  
Garlic salt  
Garlic pepper  
Brown rice

Tenderize chicken breasts.

Salt and pepper chicken breasts.

Sauté in olive oil until 75% done (lightly brown), turning over twice.

Add mushrooms and butter; sauté for 2 minutes.

Add green onions; sauté until transparent.

Remove from heat.

Drizzle lemon juice over top.

Serve over brown rice.