

# Cooking with Johni.com



## SHEPHERD'S PIE

(Serves 4-6)

- 1 lb. 90% lean ground beef
  - 1 small yellow onion
  - 3 cloves garlic, minced
  - 1 can diced tomatoes
  - 1 c. corn
  - 1 c. peas
  - ½ t. nutmeg
  - 1 T. brown sugar
  - 3-4 c. mashed potatoes\*
  - Salt and pepper to taste
- OPTIONAL:
- ¼ c. green bell pepper, chopped
  - 1 jalapeno pepper, chopped

Make 3-4 c. mashed potatoes. Set aside.

\*In a hurry? Use Reser's Roasted Garlic Mashed Potatoes in the refrigerated deli section.

Preheat oven to 350°F.

Brown ground beef with onion and garlic. Salt and pepper to taste. Drain off fat. Add tomatoes, corn, peas, bell pepper, jalapeno pepper, nutmeg and brown sugar. Cook in deep skillet on medium-high heat for about 5 minutes.

Pour into deep dish pan. Cover with mashed potatoes. Seal edges.

Add salt and pepper to taste.

Bake about 45 minutes, or until potatoes are golden.

Cool for 10 minutes.

Serve with salad and crusty bread.