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SPAGHETTI SAUCE MADE EASY (Serves 8)

- ½ lb. lean ground beef
- ½ lb. hot Italian ground sausage
- 1 small yellow onion
- 5 cloves of garlic
- 1 14-oz. can sliced Italian tomatoes
- 1 11-oz. can V8 juice
- 1 14-oz. can tomato sauce
- 1 can mushrooms, drained
- 1 bay leaf
- 1 t. sugar
- 4 T. Italian seasoning

Cook hamburger, sausage, onion, garlic until done. Vent lid while simmering. Do not drain. Add everything else. Bring to boil to reduce to a simmer and cook 2 hours.